

WHAT CAN BE RECYCLED



PRINTED PAPER



ACCEPTED MATERIALS

- Newspapers, inserts and flyers
- Magazines and catalogues
- Telephone books and other directories
- Writing and home office paper, paper envelopes, and notepads
- Paper gift wrap (non-foil) and greeting cards
- Shredded paper
- Paper bags
- Pet food bags (not foil lined)

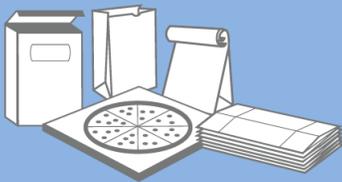
WHERE ACCEPTED

- Curbside Carts
- Depots

NOT ACCEPTED

- Soft- or hard-covered books
- Non-paper gift wrap, e.g. foil gift wrap
- Ribbons or bows
- Musical greeting cards with batteries
- Rubber bands
- Padded envelopes
- Plastic bags used to cover newspapers/flyers

CARDBOARD & BOXBOARD



ACCEPTED MATERIALS

- Clean cardboard boxes, pizza boxes etc.
- Cereal box-type cardboard
- Paper egg cartons, beverage trays

WHERE ACCEPTED

- Curbside Carts
- Depots

NOT ACCEPTED

- Cardboard boxes with wax coating, such as empty boxes originally used to transport produce which may be available from grocery stores for residents to transport their groceries home
- Padded envelopes
- Foil-lined boxes or bags
- Paper bags with multiple layers that include a foil layer
- Paper towels, napkins or tissues

PAPER CUPS, CARTONS & FROZEN FOOD PACKAGING



ACCEPTED MATERIALS

- Paper cups for hot and cold beverages
- Gable-top cartons for milk, milk-type beverages, cream, substitute eggs
- Aseptic boxes or cartons for milk, milk-type beverages, cream, soup, broth, sauces
- Frozen dessert boxes for ice cream, frozen yogurt, etc

WHERE ACCEPTED

- Curbside Carts
- Depots

NOT ACCEPTED

- Juice cartons and boxes (take to Return-It depot for deposit refund)
- Straws
- Stand up pouches

PLASTIC CONTAINERS



ACCEPTED MATERIALS

- Plastic jugs with screw tops used for milk, cooking oil, laundry detergent, cleaning solutions, body care products, windshield washer fluid, etc.
- Plastic bottles for food, dish soap, mouthwash, shampoos, conditioners and other personal care products, pills and vitamins etc.
- Plastic jars for peanut butter, jam, nuts, condiments, vitamins and supplements etc.
- Plastic clamshells for baked goods, fruit, produce, eggs, etc.
- Plastic trays and tops for deli chicken, single-serve meals, prepared foods, baked goods, housewares, and hardware such as

WHERE ACCEPTED

- Curbside Carts
- Depots

NOT ACCEPTED

- Beverage bottles or jugs for flavoured tea, juice, or other beverages (take to Return-It depot for deposit refund)
- Stand-up pouches
- Containers for motor oil, vehicle lubricant or antifreeze products (call the RCBC Hotline 1-800-667-4321 or check [Recyclepedia](#))
- Packaging labelled biodegradable or compostable
- Liquid-absorbing pads, e.g., in trays of meat, poultry, fish, etc.
- Plastic wrap
- Shrink wrap for meat, poultry, fish or cheese
- Plastic blister packs e.g. plastic/foil protective packaging for chewing gum and pills or plastic/paper packaging for batteries, toothbrushes, etc.

screws or picture hangers, etc.

- Plastic tubs and lids for food such as margarine and spreads, dairy products such as yogurt, cottage cheese, sour cream, ice cream, etc.
- Plastic cold drink cups with lids for take-out beverages
- Plastic garden pots and trays for bedding plants, seedlings, vegetable plants, etc.
- Plastic pails for laundry detergent, ice cream, pet food, etc. with container size less than 25L
- Microwavable bowls and cups
- Empty single-use coffee and tea pods; remove lids and do not include lids with recycling

- Ceramic plant pots
- Lawn edging, tarps, plastic furniture or toys
- Garden hoses
- Plastic string or rope
- Plastic paint cans (call the RCBC Hotline 1-800-667-4321 or check [Recyclepedia](#))
- Pails larger than 25L
- Pails for lubricants and oils (call the RCBC Hotline 1-800-667-4321 or check [Recyclepedia](#))
- Microwavable bowls with metal rims
- Plastic or foil lids from coffee and tea pods

ALUMINUM CONTAINERS



ACCEPTED MATERIALS

- Aluminum cans and lids used for food, lubricating oil, foam insulation, pesticides, etc.
- Aluminum foil and foil take-out containers, including pie plates, food trays, etc.
- Aluminum aerosol containers used for food, air fresheners, shaving cream, deodorant, hairspray, foam insulation, etc.

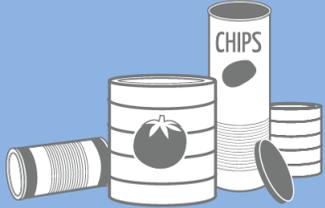
WHERE ACCEPTED

- Curbside Carts
- Depots

NOT ACCEPTED

- Spray paint cans (call the RCBC Hotline 1-800-667-4321 or check [Recyclepedia](#))
- Aerosol cans with any contents remaining
- Propane cylinders (call the RCBC Hotline 1-800-667-4321 or check [Recyclepedia](#))
- Foil-lined cardboard take-out containers and lids

STEEL CONTAINERS



ACCEPTED MATERIALS

- Steel cans and lids for food, dog food etc.
- Metal tins for cookies, tea, chocolate etc.
- Spiral wound cans and metal lids for frozen juice, potato chips, coffee nuts, baby formula etc.

WHERE ACCEPTED

- Curbside Carts
- Depots

NOT ACCEPTED

- Steel paint cans (call the RCBC Hotline 1-800-667-4321 or check [Recyclepedia](#))
- Coat hangers (return to dry cleaners)
- Pots, pans, baking trays
- Metal toys
- Appliances (call the RCBC Hotline 1-800-667-4321 or check [Recyclepedia](#))
- Metal hardware or other scrap metal (call the RCBC Hotline 1-800-667-4321 or check [Recyclepedia](#))
- Wiring or metal cords
- Extension cords
- Propane tanks or cylinders

DEPOT ONLY ITEMS – These items are not accepted in the curbside carts, please take to a depot

GLASS BOTTLES & JARS



ACCEPTED MATERIALS

- Clear or coloured non-deposit glass bottles and jars

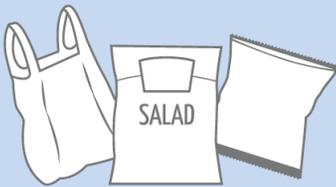
WHERE ACCEPTED

- Depots Only

NOT ACCEPTED

- Deposit glass (take to a Return-it depot for deposit refund)
- Drinking glasses or dishes, cookware, whole or broken window glass or mirrors
- Ceramic products

PLASTIC BAGS & OVERWRAP



ACCEPTED MATERIALS

- Retail bags for groceries or dry cleaning
- Bags for bread, newspapers and flyers
- Bags for produce and dry bulk foods
- Frozen vegetable bags
- Outer wrap for soft drink can flats
- Water softener salt and garden product bags
- Outer bags for diapers and feminine hygiene products
- Pre-washed salad bags

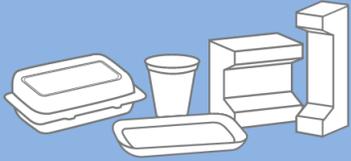
WHERE ACCEPTED

- Depots Only

NOT ACCEPTED

- Crinkly cellophane wrap for tea, floral arrangements etc.
- Stretch wrap or plastic wrap for meat, poultry, fish, vegetables or cheese
- Chip or snack bags
- Zipper-lock bags
- Plastic shipping envelopes
- Biodegradable or compostable plastic bags
- Laminated plastic film e.g. for bacon, deli meats, cheese slices etc.
- Bubble wrap
- Lumber or construction wrap
- Garbage bags (all colours)

STYROFOAM



ACCEPTED MATERIALS

- Styrofoam meat trays and take-out containers
- Styrofoam egg cartons
- Styrofoam packaging to protect electronics, small appliances etc.

WHERE ACCEPTED

- Depots Only

NOT ACCEPTED

- Styrofoam peanuts, packing chips or noodles
- Blue or pink foam board insulation
- Liquid-absorbing pads used in trays for meat, poultry, fish etc.
- Labels, tape, paper and cardboard on Styrofoam packaging
- Shrink wrap for meats, poultry, fish or cheese

Other Recycling – Provincial Take Back Programs

Many other items can be recycled through one of the many Provincial take back programs, including small appliances, electronics, batteries, light bulbs and lighting products, tires, beverage containers, power tools, outdoor power equipment, electronic toys, antifreeze, used oil, paints, flammables and pesticides, smoke alarms and thermostats. Depots for these items can be found [here](#) or by calling the RCBC recycling hotline at 1-800-667-4321