

## Fitness Studio - Hours of Operation July 2 - September 2

Monday*	Tuesday	Wednesday	Thursday	Friday	Saturday*	Sunday
6:00am - 9:30pm	6:00am - 9:30pm	6:00am - 9:30pm	6:00am - 9:30pm	6:00am - 9:30pm	8:00am - 4:30pm	8:00am - 4:30pm
Ask A Trainer 11:30am - 3:30pm	Ask A Trainer 11:30am - 3:30pm	Ask A Trainer 11:30am - 3:30pm	Ask A Trainer 11:30am - 3:30pm	Have your fitness and equipment questions answered during our Ask A Trainer hours July 2 - Aug 10.		Ask A Trainer 11:30am - 3:30pm

\*The Community Centre is closed July 1, August 7 and September 4.