

## WHAT HAPPENS WHEN I ARRIVE TO THE FACILITY?

- Before entering the gym, sign your name on the attendance sheet provided.
- The attendance sheet will be put out 2 minutes prior to your session start time.
- Balls will be provided.

## **ARE THERE RULES?**

- Review the 'Welcome to Pickleball Guidelines' inside the gym door. These are guidelines made in collaboration with the CV pickleball association.
- All players must follow the code of conduct posted on the inside of the gym door and in other areas of the facility.

### HOW CAN I GET INVOLVED FURTHER?

- Go play on the outdoor courts at Highland Park.
- Visit https://cvpickleball.ca to stay in the know with what's happening for Pickleball in the CV Valley.

## **CONTACT US**

#### **Comox Community Centre**

1855 Noel Ave, Comox BC V9M 2H4 250-339-2255 info@comox.ca www.comox.ca/rec





# PICKLEBALL WINTER 2025 (JAN 2 - MAR 29)

Registration opens 5 days prior (to the hour) to the start of the respective daily session. Register online at www.comox.ca/recreation with your online account to secure your spot.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
11:45 am - 1:45 pm <b>0-2.5</b> Gym A	12:45 - 2:45 pm <b>3.5-4.25</b> Gym A		12-45 - 2:45 pm <b>0-2.5</b> Gym B	10:15 am - 12:15 pm <b>2.5-3.5</b> Gym B	11:30 am - 1:30 pm <b>3.5 - 4.25</b> Gym B	
12:00 - 2:00 pm <b>2.5-3.5</b> Gym B	1:30 - 3:30 pm <b>4.25+</b> Gym B	1:30 - 3:30 pm <b>2.5-3.5</b> Gym A	3:00 - 5:00 pm <b>4.25+</b> Gym B	12:30 - 2:30 pm <b>4.25+</b> Gym B		
6:30 - 8:30 pm <b>All Levels</b> Gym B	6:30 - 8:30 pm <b>0-2.5</b> Gym A		1:00 - 3:00 pm <b>3.5-4.25</b> Gym B	1:00 - 3:00 pm <b>All Levels</b> Gym A		
0 - 2.5	Beginner level. Learn the basics of the game: scoring, serving, ground strokes and volley.					
2.5 - 3.5	Players consistent in serving, returning, and volleying; knowing the rules and fundamentals of the game.					
3.5 - 4.25	Players should have dependable strokes and with direction and control, aggressive net play, show teamwork in doubles and use the short game.					
4.25 + above	Players who are looking for competitive play.					
All Levels	Any skill level welcome.					
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Schedules are subject to change without notice. Visit comox.ca/rec for the latest info.

## **REGISTRATION IS QUICK & EASY:**

1. Go online comox.ca/recreation 2. Under Community Centre, cli	ick Register Online Register Online				
3. <u>Sign in</u> Sign In/Up	OR Scan QR Code				
4. Activities; 'Racquet Sports'	Home Activities Memberships Gift Cards				
5. Find Pickleball Level, Desired Time/Date, <u>Enroll Now</u> Enroll Now					
6 You should receive a confirmation email. You can also check your online account for enrollments					

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